

## APPETIZERS

### FRESH HAND-BREADED TENDERS / 8

Five crispy, hand-breaded chicken tenders w/ your choice of sauce

### CRISPY MAC 'N CHEESE / 8

Panko breaded and lightly fried mac 'n cheese planks w/ signature homemade ranch for dipping

### "WING IT" / 10

8 FRESH JUMBO WINGS

Choose your style:

- Buffalo w/ bleu cheese dressing
- Italian Garlic/Parmesan w/ cherry pepper ranch
- Honey Ginger Sriracha w/ scallions
- Nashville Hot w/ pickles

### MEDITERRANEAN HUMMUS PLATE / 11

Homemade hummus w/ feta, Kalamata olives, red bell peppers, and cucumbers w/ grilled flat bread...  
A feast for sharing!

### CALAMARI & FRIENDS / 11

Crispy calamari, shrimp, and seasonal vegetables w/ banana pepper aioli

### RENEGADE SHRIMP / 10

Hand battered, crispy shrimp tossed in our spicy renegade sauce

## BURGERS

### WOOD FIRE GRILLED

Fresh certified **Braveheart® Black Angus** beef served on a brioche bun w/ a side of fries

Add bacon or avocado to any burger / 1

## THE FRESHMAN 15!

Start your semester out right!  
Fresh chicken tenders, bacon, Tillamook Cheddar, boneless rib meat, cheese sauce, and a fried egg, loaded onto our Black Angus burger w/ ketchup, mustard, mayo, lettuce, tomato, onion and Grillo's pickles

/ 15

### SPEAR-IT CLASSIC / 9

Ketchup, mustard, lettuce, tomato, onion, and Grillo's pickles  
Add Tillamook Cheddar / 1

### THE KADOW BURGER / 12

Hardwood smoked bacon, Tillamook pepper jack, fresh avocado, lettuce, tomato, and onion w/ chipotle aioli

### BACON CHEESEBURGER / 11

Hardwood smoked bacon and Tillamook Cheddar, w/ ketchup, mustard, lettuce, tomato, onion, and Grillo's pickles

### THE BASH BURGER / 12

Crispy mac 'n cheese with cheese sauce and cherry pepper ranch, over our legendary cheeseburger

### HOUSE MADE VEGGIE BURGER / 10

Basted w/ our soy ginger glaze, Tillamook pepper jack, w/ ketchup, mustard, mayo, lettuce, tomato, onion and Grillo's pickles

## LEGENDARY PLATES AND BOWLS

### FRESH TENDERS PLATE / 10

Crispy, hand-breaded chicken tenders w/ fries and chipotle cole slaw, choice of sauce

**HOMEMADE SAUCES** Honey Mustard / Sweet Sriracha  
Chipotle BBQ / Buffalo Bleu Ranch

### WOOD-GRILLED CHICKEN / 10

½ lb. of fresh chicken breast basted in our lemon garlic herb sauce w/ roasted vegetables

Available until 4 p.m. only

### SPEAR IT BOWL (pack your own)

**Base - pick 1**  
Basmati Rice  
Kale Quinoa Blend

**Protein - pick 1**  
Crispy or Grilled Chicken / 11  
Wood-grilled Shrimp / 13.5  
Wood-grilled Tenderloin / 14.5

**Toppings - pick 3**  
Roasted Vegetables / Corn / Black Beans  
Mixed Cheese / Tomatoes  
Grilled Sweet Peppers

**Homemade Sauce - pick 1**  
Honey Mustard / Sweet Sriracha / Ranch  
Chipotle BBQ / Buffalo Bleu

## ARTISAN PIZZA

### BUFFALO CHICKEN / 11

Buffalo dipped tenders, mozzarella, provolone, and bleu cheese

### TRIPLE MEAT / 10

Bacon, Bradley's sausage, pepperoni

### MARGHERITA / 10

Fresh mozzarella, basil, and garlic roasted tomatoes

### FIRE ROASTED VEGETABLE / 10

Roasted red and yellow peppers, zucchini, red onions, and mushrooms, topped w/ feta

### BILL'S BIANCO / 10

Parmesan, Romano, provolone, mozzarella, fresh garlic, ricotta, and basil

### PEPPERONI / 9

### FOUR CHEESE / 9

## SANDWICHES

All sandwiches served w/ a side of fries

### NICK'S BUFFALO BLEU / 10

Buffalo chicken tenders, lettuce, and Grillo's pickles on a garlic toasted hoagie roll

### FORGOTTEN COAST

**GROUPE SANDWICH / 13.5**  
Fresh fillet grilled or blackened w/ lettuce, tomato, and banana pepper aioli on a brioche bun

### TALLY CHEESESTEAK / 11

Shaved rib eye steak, sautéed onions and peppers, our signature blend of cheese, on a freshly toasted garlic hoagie  
Substitute grilled chicken / 10

### LOBSTER BLT / 17

Tender flash fried Florida lobster, bacon, romaine, and roasted grape tomatoes w/ banana pepper aioli on a toasted garlic hoagie

### CALI CLUB / 11

Wood-grilled chicken on a toasted brioche bun w/ Tillamook pepper jack, ranch, bacon, lettuce, tomato, and avocado

## SALADS

### FIESTA / 11

Wood-grilled chicken over mixed greens, mixed cheeses, tomatoes, avocado, black beans, corn, and seasoned tortilla strips w/ homemade ranch  
Substitute wood-grilled shrimp / 3  
Substitute wood-grilled tenderloin / 4

### HARVEST FRESH / 11

Wood-grilled chicken over kale and romaine heart blend, quinoa, garlic roasted tomatoes, grilled peppers, asparagus, red cabbage and Parmesan w/ lemon vinaigrette  
Substitute wood-grilled shrimp / 3  
Substitute wood-grilled tenderloin / 4

### STEAKHOUSE BLEU / 15

Wood-grilled tenderloin over mixed greens w/ bleu cheese dressing, bacon, bleu cheese, tomatoes and red onion, finished w/ balsamic reduction

### SOUTH DALE CHICKEN / 11

Crispy or wood-grilled chicken over mixed greens w/ honey mustard, mixed cheeses, red cabbage, tomatoes, cucumber, carrot and red onion

### "KALE CAESAR!" / 11

Our twist on the classic Caesar salad! Wood-grilled chicken, kale and romaine heart blend, Parmesan, croutons, and homemade dressing  
Substitute wood-grilled shrimp / 3  
Substitute wood-grilled tenderloin / 4

### SIDE SALADS

House or Caesar / 4  
w/ an entree / 2.5

### SOUP

Homemade  
Chicken Noodle / 6

### SOUP & SALAD COMBO

Homemade chicken noodle and choice of side salad / 9

# DINNER CLASSICS

Available after 4 p.m.

## WOOD FIRE GRILLED

Served w/ your choice of 2 sides. Crispy Mac 'n Cheese & Mascarpone Sweet Potatos \$1 extra.

### SIRLOIN / 18

10 oz. hand cut, certified **Braveheart®**  
**Black Angus** sirloin, seasoned and wood-grilled

Add Marsala wine sauce / 3

### CHICKEN MARSALA / 15

Fresh chicken topped w/ our Marsala  
and cremini mushroom reduction

### WOOD-GRILLED CHICKEN / 13

½ lb. of fresh chicken breast basted in our  
lemon garlic herb sauce

### STADIUM RIBS / 18

St. Louis Ribs, slow roasted and basted in our  
chipotle BBQ

### FRESH CATCH / Mkt

Fresh local caught fish prepared either  
blackened or grilled

Add a side of grilled shrimp / 5

Add bleu cheese crumbles to any steak / 2

Add a house or Ceasar salad / 2.5

## DINNER SIDES

A la carte / 3

Fries / Roasted Vegetables / Garlic Mashed Potato  
Seasonal Vegetable

A la carte / 4

Crispy Mac 'n Cheese / Mascarpone Sweet Potato

## SOUTHERN COMFORT

### SHRIMP AND GRITS / 15.5

Cajun seared shrimp w/ corn,  
garlic roasted tomatoes and  
asparagus in creamy creole sauce  
over local Bumpy Road Grits

### MA'S MEATLOAF / 14

Homemade Black Angus blend,  
dipped in sweet chili glaze and  
bacon crusted, w/ your choice of  
two sides...  
MA! The Meatloaf!

### 80 PROOF PASTA / 9

Fusilli pasta, grilled sweet  
peppers, roasted tomatoes tossed  
in our vodka cream sauce and  
topped w/ ricotta  
Add Bradley's sausage / 3  
Add wood-grilled chicken / 3  
Add shrimp / 4

### FRESH TENDERS PLATE / 11

Five crispy, hand-breaded chicken  
tenders served w/ your choice of  
two sides and choice of sauce

### HOMEMADE SAUCES

Honey Mustard / Sweet Sriracha  
Ranch / Chipotle BBQ / Buffalo Bleu

## DESSERT

### DONUTS AND COFFEE CREAM / 8

The highest point in Leon county!  
A mountain of donuts dusted in cinnamon  
sugar, served w/ sea salt caramel,  
homemade chocolate sauce and coffee  
whipped cream for dipping

### SOPHOMORE

### SLUMP SUNDAE / 8

Warm, triple chocolate toffee brownie,  
w/ ice cream, whipped Mascarpone,  
homemade chocolate sauce, sea salt  
caramel, toffee and pecan pieces

## BEVERAGES

### SODA

Coca-Cola Products

### COFFEE

Joffrey's

### TEA

Joffrey's Sweet Tea, Unsweet,  
or Blackberry Jasmine Green

### BOTTLED WATER / 5

1 Liter - Fizzy or Flat

### THE SENIOR SLIDE / 7.5

Slide your way to graduation w/ this wedge of chocolate cake, ice cream and homemade chocolate sauce

## WINE LIST

### SPARKLING WINES

KENWOOD YULUPA BRUT

Glass	Bottle
6.5	24

### COOL WHITES

JACOB'S CREEK MOSCATO

6.5	24
-----	----

BERINGER WHITE ZIN

6.5	20
-----	----

JACOB'S CREEK RIESLING

6.5	24
-----	----

SEA MONSTER ECLETIC WHITE

7	26
---	----

### SAUVIGNON BLANC

KIM CRAWFORD

8	30
---	----

FISH HOUSE

7	24
---	----

### PINOT GRIGIO

HOUSE - CANYON ROAD

6	
---	--

GRAFFIGNA

8	28
---	----

COPPOLA DIAMOND

9	30
---	----

### CHARDONNAY

HOUSE - CANYON ROAD

6	
---	--

KENDALL JACKSON

7.5	28
-----	----

GREYSTONE

7	20
---	----

### MERLOT

MARKHAM

RODNEY STRONG

Glass	Bottle
9.5	38
7	26

### PINOT NOIR

BOGLE

MEOMI

7	25
9	34

### CABERNET

HOUSE - CANYON ROAD

6	
---	--

BROADSIDE

7.5	28
-----	----

JOEL GOTT

8.5	32
-----	----

KENWOOD SONOMA

9.5	30
-----	----

### COOL REDS

MENAGE A TROIS "MIDNIGHT RED"

8	26
---	----

APOTHIC RED

7.5	28
-----	----

GRAFFIGNA CENTNENARIO RES MALBEC

9	38
---	----

STAGS LEAP "HANDS OF TIME"

46	
----	--

Bring in your favorite wine and we'll take care of you.  
\$15 corkage fee.

# SPEAR IT

LEGENDARY food & spirits

LegendarySpearIt.com

The SPEAR IT name pays homage to the symbol of Chief Osceola's flaming spear, which represents excellence in traditions both past and present.

SPEAR IT was established to bring the pride and the heritage of legendary food and spirits to Tallahassee by offering recipes rooted in freshness, value, and quality.

Our founder's belief in fresh ingredients, hand crafted cocktails, EXTRAORDINARY SERVICE, and uncompromising hospitality will make your visit to Spear It truly

**LEGENDARY!**