


# SPEAR IT



LEGENDARY food & spirits

## CATERING MENU

LegendarySpearIt.com

609 W. Tennessee St  
850-250-0045

Placing your order 24 hours in  
advance is preferred.

## APPETIZERS

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### HAND-BREADED TENDERS

Fresh crispy, hand-breaded chicken tenders served with your choice of sauce

25 Tenders / \$30

50 Tenders / \$55

### FRESH JUMBO WINGS

Fresh jumbo wings served with your choice of bleu cheese, creamy garlic or ranch

Choose your style:

- Buffalo
- Italian Garlic Parmesan
- Honey Ginger Sriracha with scallions
- Nashville Hot with pickles

25 Wings / \$30

50 Wings / \$60

100 Wings / \$120

### MEDITERRANEAN HUMMUS PLATTER

Homemade hummus with feta, Kalamata olives, red bell peppers, and cucumbers with grilled flat bread

\$30 - Serves 8



## SALADS

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### FIESTA

Wood-grilled chicken over mixed greens, mixed cheeses, tomatoes, avocado, black beans, corn, and seasoned tortilla strips with homemade ranch

\$64 - Serves 8

### HARVEST FRESH

Wood-grilled chicken over kale and romaine heart blend, quinoa, garlic roasted tomatoes, grilled peppers, asparagus, red cabbage and Parmesan with lemon vinaigrette

\$64 - Serves 8



CALL US FOR SPECIAL REQUESTS

# GROUP CLASSICS

## WOOD-GRILLED CHICKEN

Fresh chicken breast basted in our lemon garlic herb sauce with roasted vegetables.

\$72 - Serves 8

## 80 PROOF PASTA

Fusilli pasta, grilled sweet peppers, roasted tomatoes tossed in our vodka cream sauce and topped with ricotta

\$64 - Serves 8

Add Wood-Grilled Chicken - \$72 - Serves 8

## TALLY CHEESESTEAK

Shaved rib eye steak, sautéed onions and peppers, our signature blend of cheese, on a freshly toasted garlic hoagie

\$72 - Serves 8



# SPEAR IT BOWL

Pack your own - Serves 10

### Protein - pick 1

Crispy or Grilled Chicken

\$60 - Serves 8

Wood-grilled Tenderloin

\$80 - Serves 8

Wood-grilled Shrimp

\$72 - Serves 8

### Base - pick 1

Basmati Rice

Kale Quinoa Blend

### Homemade Sauce - pick 1

Honey Mustard

Sweet Sriracha

Ranch

Chipotle BBQ

Buffalo Bleu

### Toppings - pick 3

Roasted Vegetables

Corn

Black Beans

Mixed Cheese

Tomatoes

Grilled Sweet Peppers

# SPEAR IT

LEGENDARY food & spirits

The SPEAR IT name pays homage to the symbol of Chief Osceola's flaming spear, which represents excellence in traditions both past and present. SPEAR IT was established to bring the pride and the heritage of legendary food and spirits to Tallahassee by offering recipes rooted in freshness, value, and quality.

**Our founder's belief in fresh ingredients, hand crafted cocktails, EXTRAORDINARY SERVICE, and uncompromising hospitality will make your visit to Spear It truly LEGENDARY!**

LegendarySpearIt.com